

DIRECTIONS FOR HEATING EASYHEATS WRAP

IMPORTANT : These directions are based on an **800W** microwave oven, If using a more powerful microwave, you must reduce the level of power to **800W**. Failure to do this, may result in scorching of the fabric casing and stitching of your heatpack or reduced heat retention.

Caution: It is important to carefully follow these instructions as overheating or inappropriate use may result in fire or burns.

Do not store your **EASYHEATS WRAP** in a plastic bag.

EASYHEATS WRAPS should be folded in half with the straps then wrapped around the grain bag section. Place onto the heating plate with the ends of the straps secured underneath, to prevent any part of the **EASYHEATS WRAP** from overhanging the edge of the heating plate or turntable. Do not leave the microwave unattended while heating. Make sure the turntable is clean prior to use.

EASYHEATS WRAPS should be heated in a microwave as follows:

SMALL on high for 30 seconds initially and at further 10 second Intervals until the desired warmth is achieved. Do not heat for longer than 1 minute in total.

MEDIUM on high for 60 seconds initially and at further 10 second Intervals until the desired warmth is achieved. Do not heat for longer than 90 seconds in total

LARGE on high for 90 seconds initially and at further 20 second Intervals until the desired warmth is achieved. Do not heat for longer than 2 minutes in total

XLARGE on high for 90 seconds initially and at further 20 second Intervals until the desired warmth is achieved. Do not heat for longer than 2 minutes in total

It is advisable to place a small heatproof container of water in the microwave whilst heating, to prevent excessive drying of the lupins.

Keep dry at all times. Discard if lupins become wet.

Continual heating and drying of your **EASYHEATS WRAP** may overheat it to the point where it may catch fire. Beware of overcooked odours or the smell of burning or charring. These indicate the need to replace your **EASYHEATS** heatpack.

Do not reheat until completely cooled. Likewise, do not store until completely cooled.

Do not use in bed or whilst sleeping as spontaneous heating can occur and the bag may catch fire if covered by bed clothes.

This product may irritate sensitive skin so please check with your medical practitioner or skin specialist if unsure. People with reduced skin sensitivity to heat and cold should not use this product..

To cool, place **EASYHEATS WRAP** in a completely airtight bag in a freezer until cold.

Our grains have been treated naturally with freezing, to prevent any pests such as weevils. For this reason, do not store alongside untreated wheatbags.